

Product Update

Baby Feelings

Talaris releases Baby Feelings, a new board book for young children

Seattle, WA, April 12, 2011—The Talaris Institute is pleased to announce the release of *Baby Feelings*, a board book perfect for young children.

Each page of this beautiful, full-color book features a photograph of a different child expressing a particular emotion. The simple yet descriptive text is designed to capture the attention of both parent and child. Statements such as, “I’m excited when I plan peek-a-boo with you” are included throughout to help naturally encourage interaction between adult and child.

Many parents ask when they should start talking about emotions with their children. Carolyn Pirak, LCSW at Talaris Institute says, “It is never too early to help children recognize their feelings and emotions. Babies feel and experience emotions long before they are able to use words to describe them. Providing the vocabulary early on helps build a strong and healthy foundation for emotional development and builds a positive parenting relationship.” Pirak explained. “Reading together is a great tool for parents to use to help children name emotions.”

Baby Feelings was created in an effort to help parents of children of all ages to talk about emotions. It was also a response to the overwhelmingly positive feedback for *Big Feelings*, the first children’s book authored by Talaris Institute designed help parents and caregivers talk with toddlers and preschoolers about emotions.

Baby Feelings and the companion book, *Big Feelings*, are available now for purchase via the Parenting Counts Marketplace. For more information or to place an order, visit www.ParentingCounts.org/marketplace.

About Talaris Institute

Talaris Institute is a Seattle-based nonprofit whose mission is to support parents and caregivers in raising socially and emotionally healthy children. To learn more about Talaris Institute, please visit www.talaris.org. Resources for parents and early learning professionals are available at www.parentingcounts.org. Talaris is on Facebook at <http://www.facebook.com/home.php#!/Talaris.ParentingCounts>